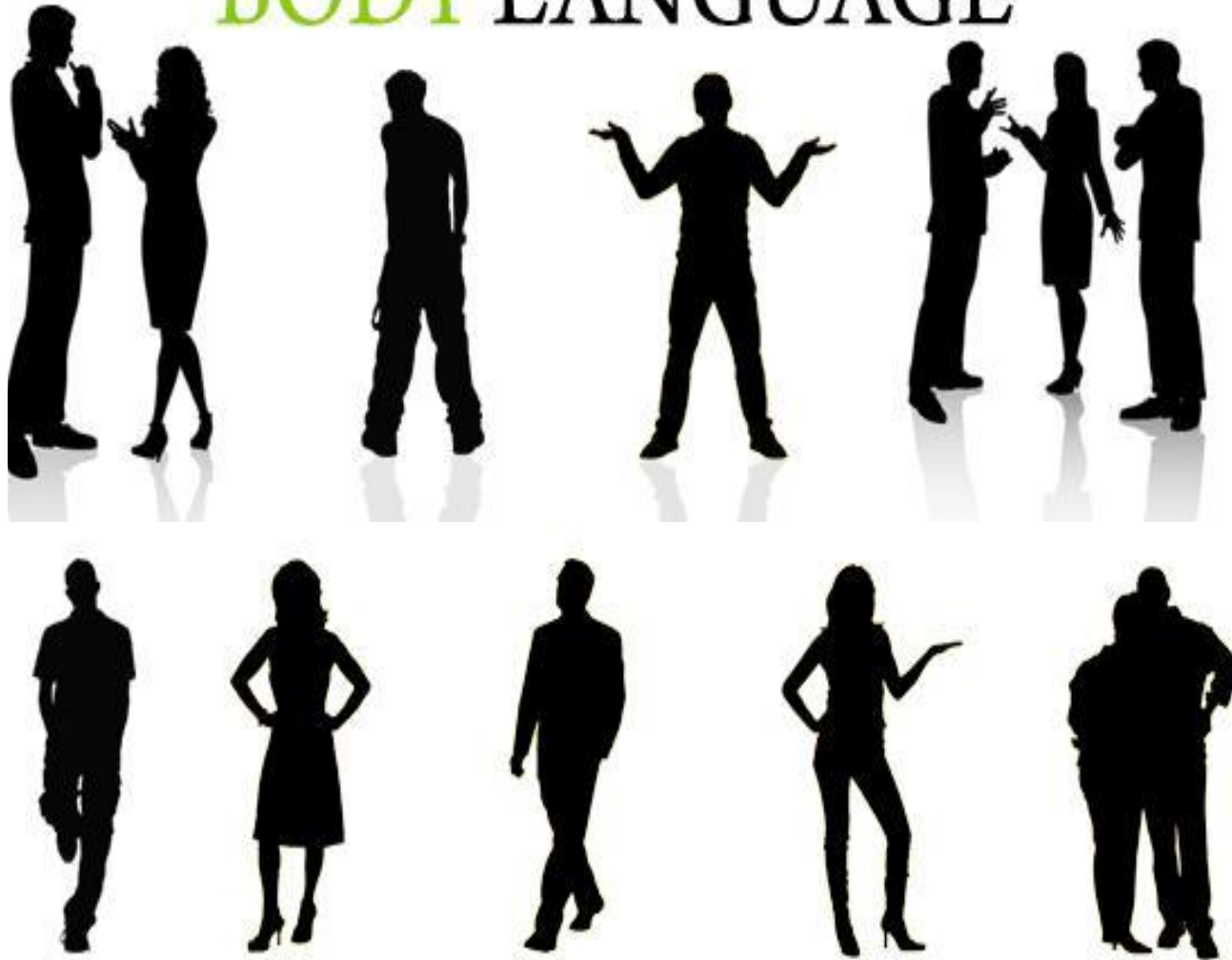


BODY LANGUAGE



DEFINITION

- Body language is a kind of nonverbal communication, where thoughts, intentions, or feelings are expressed by physical behavior, such as facial expressions, body posture, gestures, eye movement, touch and the use of space. Body language exists in both animals and humans, but this presentation focuses on interpretations of human body language. It is also known as kinesics.

COMMON GESTURES WE USE EVERYDAY



Nod/Nodding: Lower and raise one's head slightly and briefly, especially in greeting, assent, or understanding, or to give someone a signal. **E.g.** Nod if you agree to the proposal.

Shake head: A head shake is a gesture in which the head is turned left and right repeatedly in quick succession. It is most commonly, but not universally, used to indicate disagreement, denial, or rejection. **E.g.** She shook her head when her mother asked her if she was hungry.

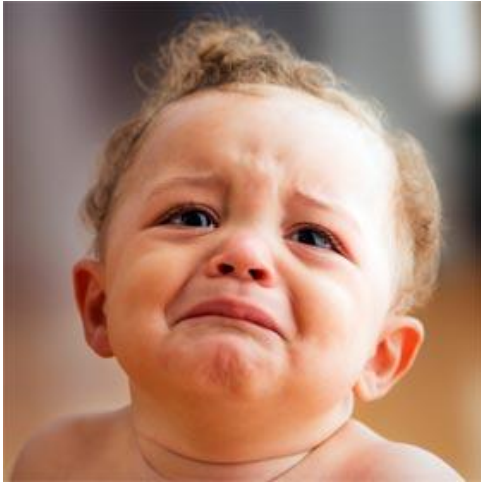




Yawn: Involuntarily open one's mouth wide and inhale deeply due to tiredness or boredom. E.g. Mary had to stifle a yawn in her Maths class, else her teacher would have scolded her.

Dozing Off: To fall into a light sleep unintentionally. E.g. The minister dozed off during the parliamentary session.





Frown: Furrow one's brows in an expression indicating disapproval, displeasure, or concentration. **E.g.** John frowned after reading his son's report card.

Smirk: Smile in an irritatingly smug, conceited, or silly way. **E.g.** Mark was observing the argument between his friends with a smirk on his face.



Whisper: Speak very softly using one's breath rather than one's throat, especially for the sake of secrecy. **E.g.** Jane was whispering in her sister's ear.



Blow a flying Kiss: A symbolic kiss given by kissing one's own hand, then blowing on the hand in a direction towards the recipient. **E.g.** The child was blowing kisses to his mother.

Anger: A strong feeling of annoyance, displeasure, or hostility. **E.g.** Tom was angry at his sister because she refused to share the cookies.





Wink: Close and open one eye quickly, typically to indicate that something is a joke or a secret or as a signal of affection or greeting. E.g. Jenna winked at Marianne as if they were hiding a secret.

Blink: Shut and open the eyes quickly. E.g. The sunlight made her blink.



Scratch head/Puzzled: Unable to understand; Perplexed. E.g. Eric scratched his head in puzzlement at the directions on the map.



Shrug: Raise (one's shoulders) slightly and momentarily to express doubt, ignorance, or indifference. **E.g.** The locals shrugged their shoulders because they couldn't understand the tourist's language.

Snap your fingers: Make a sharp clicking sound by bending the last joint of the middle finger against the thumb and suddenly releasing it, typically in order to attract attention in a peremptory way or to accompany the beat of music. **E.g.** Sandra snapped her fingers to the beat of her favorite song.



Wave: Move one's hand to and fro in greeting or as a signal. **E.g.** John waves his daughter goodbye when she leaves for school each morning.





Thumbs down: An indication of rejection or failure.
E.g. The new development project was given a thumbs down by the Environment Studies department.

Thumbs up: An indication of satisfaction or approval.
E.g. We got a thumbs up from our Physics professor for our thesis on robotics.

Guess the body language.....

1. John was _____ during the meeting because the presentation was very boring.
2. Sheila _____ at her fiancé as soon as she saw him coming towards her.
3. Unable to adjust to the bright stage lights, Sandra kept _____ throughout her performance.
4. David _____ vehemently when he was offered the sandwiches he didn't like.
5. The man _____ to himself at his devious plan.

6. The Red team got a _____ for their poor performance in the cooking competition.
7. Karl _____ at Nicole as she turned the corner of the corridor because he was trying to play a prank on Tony who was walking right behind Nicole.
8. Kendra's mother _____ when Kendra asked if she could stay up late and watch a movie.
9. Mary stretched and _____ as she got out of bed still sleepy.

10. Susan _____ at the man because he kept shouting into his cellphone disturbing her thoughts.
11. The woman _____ when we asked her for directions to the theatre.
12. The children got a _____ from their teachers for putting in a lot of effort for the puppet show.
13. Melissa _____ a secret in Daisy's ear.

14. Confused at the broken road signs, we were standing on the roadside _____ .
15. Our teacher pointed at John in _____ when she saw him chewing gum in class.
16. She _____ at her mother as the train was leaving the station.
17. Justin _____ at Tony, because Tony was lost in deep thought.

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Huban	11.07.2016	Edited