Lifestyle Ailments

B1-B2

Module 8

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Here's What We Will Be Learning in this Presentation:

Summary

- ❑ Introduction to Lifestyle Ailments.
- ❑ How do we prevent them?
- ❑ Exercises.

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Vocabulary

Ailments: a bodily disorder or chronic disease.

Convenient: suited to personal comfort or to easy performance.

Claims: to ask for especially as a right.

Prone: having a tendency or inclination.

Epidemic: affecting or tending to affect large number of individuals within a population, community, or region at the same time.

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