Leh Ladakh

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Leh

Leh is a town in the Indian state of Jammu and Kashmir. Leh was the capital of the Himalayan kingdom of Ladakh, seat of which was in the Leh Palace.

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Ladakh

Ladakh means "land of high passes" and it is a region located in the Indian state of Jammu and Kashmir, inhabited by people of Indo-Aryan and Tibetan descent. Its culture and history are closely related to that of Tibet. Ladakh is renowned for its remote mountain beauty and culture.

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