The Dangers Of E-Cigarettes, And How To Protect Your Kids



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Vocabulary

Inhaling: breathe in (air, gas, smoke, etc.).

Exhaling: breathe out.

Aerosol: a substance enclosed under pressure and released as a fine spray by means of a propellant gas.

Flavors: a substance used to alter or enhance the taste of food or drink; a flavouring.

Downplay: make (something) appear less important than it really is.

Assumption: a thing that is accepted as true or as certain to happen, without proof.

Synthetic: (of a substance) made by chemical synthesis, especially to imitate a natural product.

Frustrated: feeling or expressing distress and annoyance resulting from an inability to change or achieve something.

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Introduction

Vaping is the act of **inhaling** and **exhaling** the **aerosol**, often referred to as vapor, produced by an e-cigarette or similar device. It's become more popular among teens than regular cigarettes, especially given that vaping devices can be used for anything from flavors like mango, mint or tutti frutti, to **flavorings** containing nicotine or THC, the chemical compound in marijuana that produces the high.

There are several risks to vaping for teens and three major ones to be concerned about.



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