



# Traditional Alternative Medicine

C1 – C2  
Module 8

Here's What  
We Will Be  
Learning in this  
Presentation:



## Summary

- ❑ What Is Alternative Medicine?
- ❑ Different types of Alternative Medicine.
- ❑ Exercises.

# Vocabulary

**Holistic:** dealing with or treating the whole of something or someone and not just a part.

**Cupping:** a therapy in which heated glass cups are applied to the skin along the meridians of the body, creating suction and believed to stimulate the flow of energy.

**Chi:** (in traditional Chinese medicine and philosophy) the vital life force that flows through the body and is supposedly regulated by acupuncture.

**Array:** a large group of things or people, especially one that is attractive or causes admiration or has been positioned in a particular way.