# Fit, Bit by Bit (Gadgets Which Help People Stay Fit).

B1-B2

Module 8


© Albert-Learning

Here's What We Will Be Learning in this Presentation:

# Summary

- The popularity of fitness apps and gadgets.
- A glimpse of some fitness gadgets in use today.
- Exercises.


© Albert-Learning

# Vocabulary

**Funky:** fashionable in an unusual and noticeable way.

**Submerge:** (in this context) to go below or make something go below the surface of the sea or a river or lake.

**Waterproof:** not allowing water to go through.

**Pace:** the speed at which someone or something moves, or with which something happens or changes.

**Serving:** (in this context) an amount of one type of food that is given to one person.


© Albert-Learning