Regret

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What Is Regret?

A feeling of sadness about something sad or wrong or about a mistake that you have made, and a wish that it could have been different and better

When you feel the sense of sadness or unhappiness for doing or not doing something, is termed as *regret*.

It is feeling of disappointment over the situation that has already happened or a missed opportunity.

Expressing Regret :

To express regret, we use the following :

- *should have + past participle*
- *shouldn't have + past participle*

*I **should have studied** when I had time.*

*I **shouldn't have gone** out and wasted my time.*

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