



# The Food Pyramid (Types Of Food Groups)

A2– B1  
Module 5

Here's What  
We Will Be  
Learning in this  
Presentation:



# Summary

- ❑ The most common types of food groups.
- ❑ Exercises.

# Vocabulary

**Nutritional:** Connected with the process by which living things receive the food necessary for them to grow and be healthy.

**Nutrients:** A substance that is needed to keep a living thing alive and to help it to grow.

**Calcium:** Calcium is a soft, silver-white metal that is found in bones and teeth.

**Muscles:** A band or bundle of fibrous tissue in a human or animal body that has the ability to contract, producing movement in or maintaining the position of parts of the body.