Traditional Alternative Medicine

C1 – C2

Module 8

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Here's What We Will Be Learning in this Presentation:

Summary

- What Is Alternative Medicine?
- Different types of Alternative Medicine.
- Exercises.

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Vocabulary

Holistic: dealing with or treating the whole of something or someone and not just a part.

Cupping: a therapy in which heated glass cups are applied to the skin along the meridians of the body, creating suction and believed to stimulate the flow of energy.

Chi: (in traditional Chinese medicine and philosophy) the vital life force that flows through the body and is supposedly regulated by acupuncture.

Array: a large group of things or people, especially one that is attractive or causes admiration or has been positioned in a particular way.

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