Hygiene And Health

A1 – A2

Module 4

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Here's What We Will Be Learning in this Presentation:

Summary

- Let us learn about hygiene. What is it? How can you be healthy?
- Exercises.

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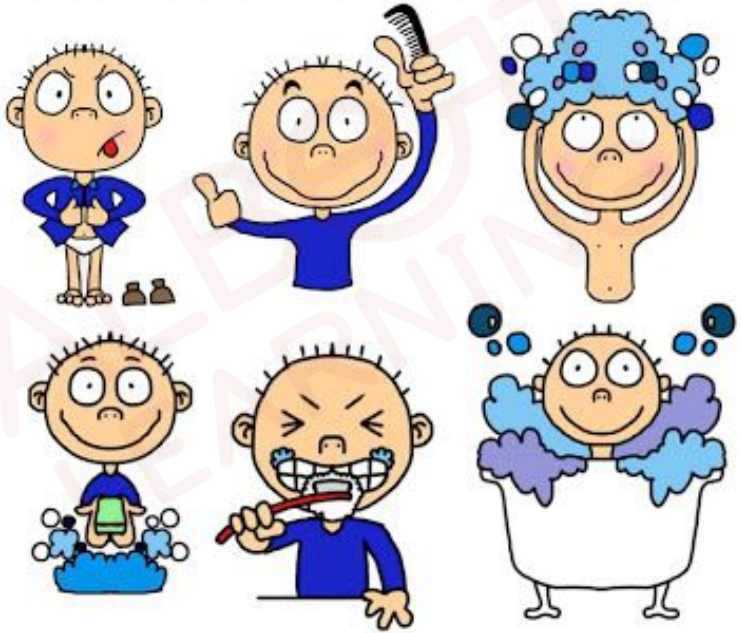
Hygiene means the things you do to keep yourself clean.



Keeping yourself clean means keeping yourself healthy.

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