



The Food Pyramid (Types Of Food Groups)

A2– B1

Module 5

Here's What
We Will Be
Learning in this
Presentation:



Summary

- ❑ The most common types of food groups.
- ❑ Exercises.

Vocabulary

Nutritional: Connected with the process by which living things receive the food necessary for them to grow and be healthy.

Nutrients: A substance that is needed to keep a living thing alive and to help it to grow.

Calcium: Calcium is a soft, silver-white metal that is found in bones and teeth.

Muscles: A band or bundle of fibrous tissue in a human or animal body that has the ability to contract, producing movement in or maintaining the position of parts of the body.