Social Media And Its Influence On Health

B2-C1

Module 9

© Albert-Learning

ALBERT

Here's What We Will Be Learning in this Presentation:

SUMMARY

- Is Social Media Good or Bad For Us?
- Social Media Addiction.
- Mental Stress Due to Over-sharing.
- Connecting With People.
- Physical Dangers of Social Media Addiction.
- Exercises

© Albert-Learning

VOCABULARY

Notion: a belief or idea.

String: (in this context) a series of related things or events.

Long-lost: used to refer to a relation, friend, or object that you have not seen for a long time.

Diminish(ed): to reduce or be reduced in size or importance.

Pedestrian: (in this context) a person who is walking, especially in an area where vehicles go. (pl. pedestrians)

Zombie: (in this context) a person who has no energy, seems to act without thinking, and does not notice what is happening. (pl. zombies)

© Albert-Learning