Bossing Around—Being Assertive vs Being Aggressive

C1—C2

Module 2

© Albert-Learning

ALBERT

Here's What We Will Be Learning:

Summary

- Difference between being aggressive and being assertive.
- Behavioural Difference between an assertive leader and an aggressive leader.
- Exercises.

© Albert-Learning

Vocabulary

Sap: in this context, gradually weaken or destroy (a person's strength or power). For example: My toddler nephew can really sap our energy!

Swagger: walk or behave in a very confident and arrogant or self-important way. For example: He swaggered along the street showing off his new suit.

Nudge: in this context, a slight verbal push or indicator to steer conversation. For example: She nudged him to bring up the subject of looking for a new house, in front of his parents.

Toddler: a young child who is just beginning to walk. For example: Our neighbours' toddlers are very active at night!

© Albert-Learning