

Leh Ladakh



Leh

Leh is a town in the Indian state of Jammu and Kashmir. Leh was the capital of the Himalayan kingdom of Ladakh, seat of which was in the Leh Palace.



Ladakh

Ladakh means "land of high passes" and it is a region located in the Indian state of Jammu and Kashmir, inhabited by people of Indo-Aryan and Tibetan descent. Its culture and history are closely related to that of Tibet. Ladakh is renowned for its remote mountain beauty and culture.

