

# Adolescent Behavioural Problems



# Vocabulary

**Puberty:** the stage in people's lives when they develop from a child into an adult because of changes in their body that make them able to have children.

**Hormone:** a chemical, usually occurring naturally in your body, that makes an organ of your body do something.

**Pituitary gland:** a small organ at the base of the brain that controls the growth and activity of the body by producing hormones.

**Seesaw:** (in this context) to change repeatedly from one emotion, situation, etc. to another and then back again.

**Sullen:** angry and unwilling to smile or be pleasant to people.

**Monosyllabic:** saying very little in a way that is rude or unfriendly.

**Insolent:** rude and not showing respect.

**Warrant:** (in this context) to make a particular activity necessary.

# Introduction

The adolescent years are a period of growth—both physically and emotionally—it is understandable that certain behavioural changes might arise.

