

According to a recent study, 86% of people say that they have at least 1 annoying co-worker. The remaining 14% don't realize that they are the annoying co-worker.



Dealing with Annoying Co-workers

Here's What
We Will Be
Learning:



SUMMARY

- Types of Annoying Co-Workers
- Tips on How To Handle Each One of Them
- Exercises

VOCABULARY

Exasperation: a feeling of intense irritation or annoyance. For example: She rolled her eyes in exasperation.

Sideline seats: are in the higher rows of the lower level and are the best in any football stadium. They are close to the action, relatively close to any facilities you might need during a game (such as concessions, team stores, restrooms, etc.) and have an excellent view.

Pushover: a pushover is a person who's easy to fool or influence. For example: an employee that tolerates being mistreated by co-workers/others and finds it difficult to resist their requests. If you're a pushover, you find it hard to deny anyone what they ask for.

Humiliate: make (someone) feel ashamed and foolish by injuring their dignity and self-respect, especially publicly. For example: Claude enjoyed humiliating Donna in front of her friends.