

# Different Sports



# Vocabulary

**Arenas** - a large, flat area surrounded by seats used for sports or entertainment.

**Sprinting** - to run as fast as you can over a short distance, either in a race or because you are in a great hurry to get somewhere.

**Recreational** - enjoying yourself when you are not working

**Equipments** - the set of necessary tools, clothing, etc. for a particular purpose.

**Track** - a type of path or road, often in the shape of a ring, that has been specially designed and built for sports events, especially racing.

# Introduction

Sports play an essential role in our lives. It provides us with numerous benefits, which include: physical and mental well-being, diversity and encouraging teamwork. Some famous sports are basketball, tennis, cricket, football to name a few. Let's have a look at some of these sports.

