

## Mentoring C1 - C2 Module 1

## Here's What We will be Learning in this Presentation:

## Summary

- What is Mentoring?
- What is Mentorship? Who are Mentors and Mentees?
- ☐ The Benefits of Mentoring and having a mentor.
- Negative Mentoring.
- Exercises.

## Vocabulary

**Modelling:** using (a system, procedure, etc.) as an example to follow or imitate.

**Expertise:** expert skill or knowledge in a particular field.

**Empathy:** the ability to understand and share the feelings of another.

**Sounding Board:** a person or group whose reactions to suggested ideas are used as a test of their validity or likely success before they are made public.

**Devil's Advocate (noun):** a person who expresses a contentious opinion in order to provoke debate or test the strength of the opposing arguments.