

Psychology



Vocabulary

Coined- to invent a new word or expression, or to use one in a particular way for the first time.

Ascertain- to make certain of something.

Outpatient- a person who goes to a hospital for treatment, but who does not stay any nights there.

In conjunction with- together.

Psychotherapy- the treatment of mental illness by discussing someone's problems with them, instead of using drugs or operations.

Introduction

Psychology is the scientific study of behaviour and mental processes. The field is scientific in that psychologists approach their studies in an orderly and systematic way in order to obtain objective evidence.

Psychologists study:

- Overt or observable behaviour, as well as
- Covert behaviour – private mental processes that cannot be directly observed or measured and must be inferred from overt behaviour.

