



# Social Media And Its Influence On Health

B2-C1

Module 9

Here's What  
We Will Be  
Learning in this  
Presentation:



# SUMMARY

- ❑ Is Social Media Good or Bad For Us?
- ❑ Social Media Addiction.
- ❑ Mental Stress Due to Over-sharing.
- ❑ Connecting With People.
- ❑ Physical Dangers of Social Media Addiction.
- ❑ Exercises

# VOCABULARY

**Notion:** a belief or idea.

**String:** (in this context) a series of related things or events.

**Long-lost:** used to refer to a relation, friend, or object that you have not seen for a long time.

**Diminish(ed):** to reduce or be reduced in size or importance.

**Pedestrian:** (in this context) a person who is walking, especially in an area where vehicles go. (pl. pedestrians)

**Zombie:** (in this context) a person who has no energy, seems to act without thinking, and does not notice what is happening. (pl. zombies)