The Food Pyramid (Types Of Food Groups)

A2– B1

Module 5

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Here's What We Will Be Learning in this Presentation:

Summary

- The most common types of food groups.
- Exercises.

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Vocabulary

Nutritional: Connected with the process by which living things receive the food necessary for them to grow and be healthy.

Nutrients: A substance that is needed to keep a living thing alive and to help it to grow.

Calcium: Calcium is a soft, silver-white metal that is found in bones and teeth.

Muscles: A band or bundle of fibrous tissue in a human or animal body that has the ability to contract, producing movement in or maintaining the position of parts of the body.

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